



No. SRU/NSS/Events/2022/

Date: 23-09-2022

## **CIRCULAR**

Sub: Conduction of Self-defense techniques to Girl Students at Govt School event on 28-09-2022at Hasanparthy ZPHS Government High School- Reg.

This is to inform that the National Service Scheme (NSS) of SR University will be organizing the "Self-defense techniques to Girl Students at Govt School" event on 28-09-2022at Hasanparthy ZPHS Government High School.

Event

: Self-defense techniques to Girl Students at Govt School

Place

: Hasanparthy ZPHS Government High School

Date

: 28-09-2022

**Timings**: 10:00 AM to 11:30 PM

All the NSS Unit-1 Volunteers are required to participate in the event. For further details, Mr. K. Ravindar, NSS Program Coordinator, may be contacted.

REGISTRAR

REGISTRAR SR UNIVERSITY (V) Ananthasagar, (M) Hasanparth Dt: Warangal - 506371, T.S.





# Self-defense techniques to Girl Students at Govt School

### **Details of the Event:**

Date of the Event : 28-09-2022

Name of the Event : Self-defense techniques to Girl Students at Govt School

Venue : Hasanparthy ZPHS Government High School

No. of Participants : 20

## Objective:

The primary objective of the self-defense techniques was to equip girl students at Hasanparthy ZPHS Government High School with essential self-defense techniques. The initiative aimed to empower the students with skills and confidence to protect themselves in potentially unsafe situations, thereby contributing to their personal safety and overall well-being.

### **Description:**

Under the guidance of Mr. K. Ravindar, NSS Coordinator of SR University's National Service Scheme (NSS) Unit-01, the program provided practical self-defense training. Activities included demonstrations of basic self-defense moves, situational awareness exercises, and role-playing scenarios to practice responses. Participants were engaged in hands-on training sessions led by experienced trainers, who provided valuable tips and techniques for self-protection.

#### Outcome:

The workshop effectively trained the girl students in fundamental self-defense techniques, enhancing their ability to respond to various threats. The students gained confidence and practical knowledge in self-defense, which is crucial for their personal safety. The program fostered a sense of empowerment among the participants and raised awareness about personal security measures.

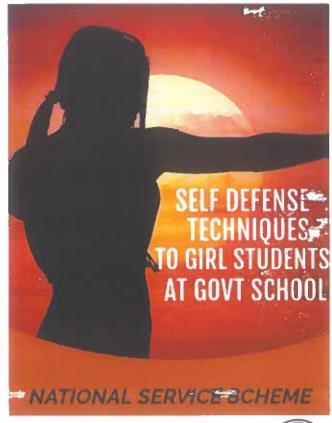
### **Impact on Society:**

The self-defense techniques program had a significant positive impact on the Hasanparthy ZPHS community by enhancing the safety and confidence of girl students. Beneficiaries were better prepared to handle potential threats, leading to increased personal security and peace of mind. The event also encouraged a culture of self-reliance and vigilance, contributing to the overall safety and empowerment of young women in the community.





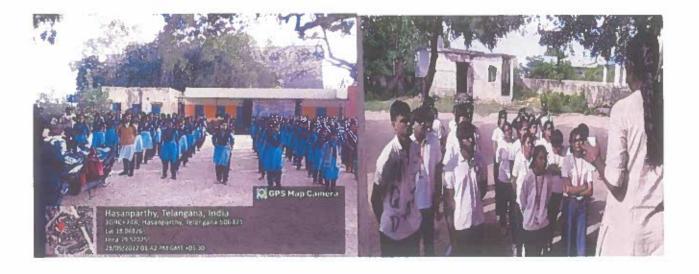
## **Event Poster:**







# **Event Photos:**



"Empowering Futures: Girl Students at Govt School Learn Essential Self-Defense Techniques"





## **Volunteers Photos:**

Sl.No.	Name of the student	Programme name	Signature
1	ELLABOINA SIDDHARTHA	B.Tech (ECE)	E. Sitthantha
2	ERUKULLA ARCHANA	B.Tech (ECE)	ARochano.
3	GUDIPATI RITHVIK REDDY	B.Tech (ECE)	Rothvik.
4	JANAGAM SRIHITHA	B.Tech (ECE)	J. Srihitha
5	KOKKONDA NAGH SAI VIKHYATH	B.Tech (ECE)	Bas ythyodh
6	KOKKONDA VAISHNAVI	B.Tech (ECE)	Voorbus
7	MEDARI RAKSHITH KUMAR	B.Tech (ECE)	Parshth
8	MOHAMMAD ZEESHAN	B.Tech (ECE)	zeshan
9	NARIGE GANESH	B.Tech (ECE)	Wed-ro
10	RAMANUJA DEEVAN JOY PRITHAM	B.Tech (ECE)	Fineth
11	SANKA ANITHA	B.Tech (ECE)	Anishe-
12	SIDDENKI SRIYA	B.Tech (ECE)	Sorga
13	THAVISI MANISH	B.Tech (CSE)	Dark 4
14	VAISHNAVI KONDURI	B.Tech (CSE)	Jalsher
15	VOORUGONDA BHARRGAWEE	B.Tech (CSE)	Bhast
16	ADULAPURAM MITHRAN	B.Tech (CSE)	rgithpar.
17	ALLEPU RAVI KUMAR	B.Tech (CSE)	Ravikumas
18	BETHI NIYATHI	B.Tech (CSE)	Miyaths
19	BRAHMADEVARA SUMASREE	B.Tech (CSE)	Gungree-
20	BUCHIKONDA VARUN REDDY	B.Tech (CSE)	Joseph

NSS PROGRAM COORDINATOR

NSS COORDINATO SR UNIVERSITY

(V) Ananthasagar, (M) Hasanparth Dt: Hanamkonda-506 371, I.G.

REGISTRAR SR UNIVERSITY

(V) Ananthasagar, (M) Hasanparthy Dt: Warangai - 506371, T.S.